



Essential Somatics®

Clinical Somatic Education Training

New Jersey, USA

Program Schedule

All times indicated are in ET (Eastern Time).

Event	Date	Time	Format
Welcome Meeting	October 6, 2024	11:30am (2 hrs)	Online
Module 1 In-Person Intensive	October 19–25, 2024	9:00am–6:00pm	In Person
TH Lectures Discussion	December 15, 2024	9:30am (90 min)	Online
Mentoring #1	January 12, 2025	9:30am (90 min)	Online
Neurophysiology Discussion	February 23, 2025	11:30am (90 min)	Online
Mentoring #2	March 16, 2025	11:30am (90 min)	Online
Module 2 In-Person Intensive	April 19–25, 2025	9:00am–6:00pm	In Person
Mentoring #1	June 1, 2025	9:30am (90 min)	Online
TH Lectures Discussion	June 15, 2025	9:30am (90 min)	Online
Neurophysiology Discussion	September 7, 2025	11:30am (90 min)	Online
Mentoring #2	September 21, 2025	11:30am (90 min)	Online
Functional Disorders Discussion	October 12, 2025	9:30am (2 hrs)	Online

Event	Date	Time	Format
Module 3 In-Person Intensive	November 8–14, 2025	9:00am–6:00pm	In Person
TH Lectures Discussion	January 11, 2026	9:30am (90 min)	Online
Mentoring #1	February 9, 2026	11:30am (90 min)	Online
Neuro Discussion	March 1, 2026	11:30am (90 min)	Online
Case Studies Discussion	March 22, 2026	11:30am (2 hrs)	Online
Mentoring #2	April 12, 2026	9:30am (90 min)	Online
Module 4 In-Person Intensive	June 20–26, 2026	9:00am–6:00pm	In Person
Mentoring #1	September 13, 2026	9:30am (90 min)	Online
TH Lectures Discussion	September 27, 2026	9:30am (90 min)	Online
Neuro Discussion	October 4, 2026	11:30am (90 min)	Online
Bodies in Revolt Discussion	November 8, 2026	11:30am (90 min)	Online
Mentoring #2	November 15, 2026	11:30am (90 min)	Online
Module 5 In-Person Intensive	February 13–19, 2027	9:00am–6:00pm	In Person