Essential Somatics® Movement Teacher Training

Program Schedule

UK 2027 Cohort

All In–Person and Online Class Times are in GMT/BST

Class	Date	Time	Format
JANUARY			
Welcome Meeting	January 9, 2027	9:30am–11:00am	Online
In–Person Module 1	**January 28–31, 2027**	**9:00am–6:00pm**	**In Person**
FEBRUARY			
Group Meeting #1	February 16, 2027	9:30am–11:30am	Online
MARCH			
Group Meeting #2	March 2, 2027	9:30am–11:30am	Online
Group Meeting #3	March 16, 2027	9:30am–11:30am	Online
Audio Discussion #1	March 21, 2027	9:30am–11:00am	Online
Group Meeting #4	March 30, 2027	9:30am–11:30am	Online
APRIL			
Group Meeting #5	April 13, 2027	9:30am–11:30am	Online
Audio Discussion #2	April 25, 2027	9:30am–11:00am	Online
Group Meeting #6	April 27, 2027	9:30am–11:30am	Online
MAY			
Group Meeting #7	May 11, 2027	9:30am–11:30am	Online
Audio Discussion #3	May 23, 2027	9:30am–11:00am	Online

Class	Date	Time	Format
Group Meeting #8	May 25, 2027	9:30am–11:30am	Online
JUNE			
Group Meeting #9	June 8, 2027	9:30am–11:30am	Online
Group Meeting #10	June 22, 2027	9:30am–11:30am	Online
JULY			
In-Person Module 2	**July 22–25, 2027**	**9:00am–6:00pm**	**In Person**
🎓 **GRADUATION**	**July 25, 2027**	**N/A**	**In Person**